



„It is better than sex“ – when CI spreads out – dancing with the public (Ecite 2012)

What a day! Around 50 CI-teachers are bathing at the river Aare in Berne, Switzerland at Ecite 2012. Barbecuing and enjoying the lovely evening in nature, surrounded by public people sunbathing in the meadows. Later some teachers start to dance. Especially young people start watching that weird dance ... Some of us start teaching them and soon I have this feeling: **Now we all gonna dance on the meadow!** I take all my courage to assemble all of us. Soon everybody agrees and 50 teachers spread out into the meadows and start to dance ! What a a feeling!

For 20 minutes the river place changes into a light-hearted place with legs and arms all over the place! We offer dance to the ones, we feel they want to. Somebody offers music. The atmosphere becomes CI is for me: **A place of heartfelt connection for all of us.** „It is better than sex“, two girls, aged 20, tell me after the dance. Their cheeks are red and they are out of breath from dancing. I only hear the word „sex“ and reply quickly: „No, it is nothing about sex!“ „Yes“, they insist. „It is **better** than sex!“ I sigh, laugh at them and shake their hands. And one girl adds even: „**It is a total different life feeling - I wanna attend classes!**“ (Later they catch up with Claudia Römmel for dance class lessons - and Claudia gives them flyers which she always has in her handbag. ☺)

August 12, Katharina Schwander, Switzerland